PORMPUR NGAMPLIN PAM MONGTHAK ABORIGINAL CORPORATION

PNPM News Week

– FORMERLY PORMPUR PAANTHU ABORIGINAL CORPORATION (PPAC) –

Issue 307

Monday 20 July 2026

STARTS TODAY!!!

JOIN US FOR OUR

Well-being and Healthy Lifestyle yarns and arts and crafts activities.

Monday 20 July to Friday 24 July 2026

Pormpuraaw Community.... Mo, Creative Life Solutions (CLS)
Pormpur Ngamplin Pam Mongthak - PNPM

We will yarn about

- Aboriginal and Torres Strait Islander Social and Emotional Wellbeing Framework
- Stress and Mental Health
- Brain matters
- Substance use
- Keeping well/self-care
- Building resilience and keeping motivated for ourselves, our families and communities.

WHILE WE...

- Weave
- Paint, and
- Make jewellery/beading

THANK YOU TO EVERYONE WHO JOINED US DURING OUR PROGRAMS in April and June! We appreciate you all!

NAIDOC T-SHIRTS available now!

Limited sizes left - don't miss out!

FOUR DIFFERENT DESIGNS

See Ganthi or Pinky at the PNPM Office

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Children's Rights?

These rights apply to all children from around the world

- You have the right to live and grow up healthy
- You have the right to live with your parents as long as they look after you well
- You have the right to be heard
- You have the right to special care if you have been badly treated
- You have the right to be raised by both of your parents and this should be supported by the government
- You have the right to be given news and information, and it should be told to you in a way that you can understand
- Children who live in a different country to either of their parents have the right to be reunited
- If your family cannot look after you, you have the right to be looked after by people who respect your religion, culture and language
- You have the right to a registered name and nationality
- You have the right to clean water, healthy food and a clean environment
- You have the right to be treated fairly and respectfully
- You have the right to privacy
- You have the right to support from the government if your family doesn't have much money
- You have the right to an education
- Children who come to Australia as a refugee from another country have the same rights as children who were born in Australia
- You have the right to rest, play and join in with lots of different types of activities
- If you are disabled, you have the right to special care and support
- You have the right to remain in your country
- You have the right to meet other children by joining groups
- You have the right to be protected from violence
- You have the right to express yourself as long as you don't hurt others
- If you don't live with your parents, you have the right to have your care reviewed often
- If you have been adopted, what is best for you is most important
- You have the right to enjoy your culture, no matter where you are from
- If you break the law, you have the right to be treated fairly and not be put in prison with adults

For more information about children's rights, visit childrensrightsqld.org.au

Children's Rights Queensland

To report sly grogging, phone the confidential Sly Grog Hotline on 1800 500 815

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY

PNPM News Week is edited by Christine Howes: chowes.com.au