

Pormpur Paanthu Aboriginal Corporation Annual Report 2022-23



ALL WORK AND
WALK TOGETHER
ON ONE PATH OF
HEALING, LEARNING,
CARING AND
SHARING, CREATING A
SAFER ENVIRONMENT
AND COMMUNITY



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<http://pormpurpaanthu.com.au/>

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WE ACKNOWLEDGE THE TRADITIONAL CUSTODIANS/OWNERS OF THE
LAND ON WHICH WE LIVE AND WORK



We acknowledge the traditional custodians/ owners of the land on which we live and work

Pormpur Paanthu Aboriginal Corporation is a not for profit organisation established by the people of Pormpuraaw, and supported by the Pormpuraaw Aboriginal Shire Council to provide a suite of services to the men, women, families and children of Pormpuraaw.

Pormpur Paanthu means 'women's house'.

It was established between 1991 and 1992.

At the time the CEO of the Pormpuraaw Aboriginal Shire Council had insight into the local issues and dedicated funding from the canteen to establish and build capacity of women who were struggling in the face of over-crowded housing, welfare dependency, and experiencing high levels of domestic violence that were having a negative impact on children and families.

A women's group was established and the Council gave the women and Elders a house to establish a Women's Shelter.

As it grew it was funded for Vacation and After School Care, and the Child Care Centre.

It expanded to include men's support services through the Healing Centre, and the Alcohol and Drug Service Area.

Vision

To provide a supportive, safe, culturally secure environment that is respectful of children, women and their families' culture, beliefs and right to a happy and healthy lifestyle.

Our Role

Pormpur Paanthu is committed and dedicated to improving families' social and emotional wellbeing via a range of empowering place-based services. It takes a lead role in the coordination of services and the delivery of innovative approaches to engagement and community development.

Principles

- To provide a holistic and consultative approach to the delivery of services that will build sustainable social and lifestyle changes for individuals, families and community
- To provide safe, accessible and reliable services that are culturally appropriate, competent and ethically accountable
- Provision of appropriate preventative health promotion initiatives
- To coordinate culturally secure activities in partnership with all stakeholders
- To create supportive environments

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Corporate Vision

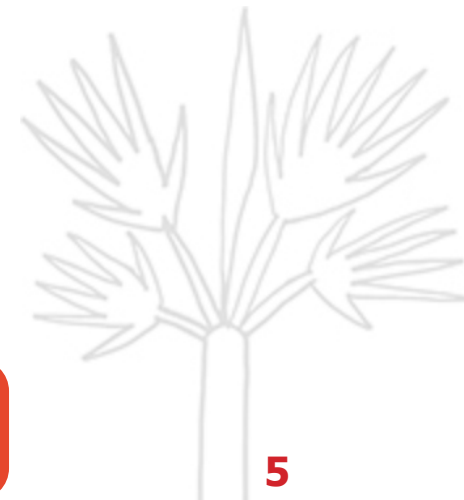
- To apply reflective and empowering practices, and emotional intelligence to Organisational wellbeing
- Deliver on 'Country' programs in all service areas that contribute to social emotional wellbeing enhancement; personal and professional growth
- Develop and maintain a co-operative and mutually respectful environment that enhances organisation wellbeing through corrective and reflective practices
- To ensure the Organisation is funded appropriately to guarantee adequate facilities, equipment and supplies are available so that staff can provide best practice services in a timely and appropriate framework
- Promotion and prevention approaches that enhance social, emotional and cultural wellbeing for Aboriginal and Torres Strait Islander people including families and communities.
- Reduced prevalence and impact of harmful alcohol, drug and substance use on Aboriginal and Torres Strait Islander individuals, families and communities.

Organisational Wellbeing

The inextricable links between people and their environment constitutes the basis for a socio-ecological approach to health. The overall guiding principles for Organisational wellbeing include:

- The need to encourage reciprocal maintenance – to take care of each other, our communities and our natural environment.
- Changing patterns of life, work and leisure to have a significant impact on health. Work and leisure should be a source of health for people. The way society organises work should help create a healthy society
- Health promotion activities that generate living and working conditions that is safe, stimulating, satisfying and enjoyable.

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Board of Directors

Role of Board Members

The Board of Directors is obliged to act in accordance with the provisions contained in a range of documents, including legislated requirements under all relevant Awards and Acts, including legislation relating to occupational health and safety.

The Board of Directors must decide which decisions can be made by the Board, or delegated to any of its members such as the Chairperson, or to the Chief Executive Officer. The Constitution, position descriptions of managers and staff, and the Policies and Procedures Manual will assist with clearly defining these decision-making authorities from time to time.

Governance

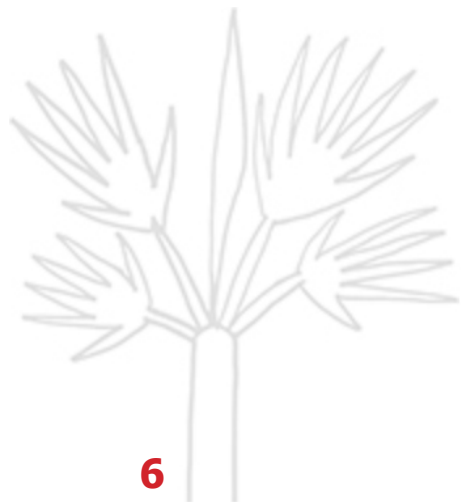
Pormpur Paanthu Aboriginal Corporation is governed by a Board of elected Directors of local men or women, and expert skills based Directors from fields such as Health, Law, Management and Finance. **Between 5-11 Directors in total.**

They set the strategic direction for the organisation and charge the CEO and Management Team with making sure all strategic objectives are met and that the organisation continues to work towards the achievement of its vision.

As a community-managed, place-based service Pormpur Paanthu Aboriginal Corporation has a mandate to deliver services to families: men, women, young people and children; and to provide mandatory reports against Operational and Action plans.

Pormpur Paanthu Aboriginal Corporation operates within a set of controls set out in its constitution that complies with national accounting standards and legislative requirements set out by the Australian Securities and Investment Commission.

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Board Members: Above: Margaret Coleman (Chairperson). Above Left: Myrtle Foote (Founding member and Director) & May Ballie (Founding member and Director). Left: Meredith Arkwookerum and Chrissy Conrad.

Not photographed: Independent Directors David Fleming and Deputy Chair Raymond Sambo.

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Chairperson

Firstly, I would like to introduce myself. I grew up in Pormpuraaw; my language group is Kuuk Thaayorre and I'm a traditional landowner of Pormpuraaw.

I have been on the PPAC Board since 2020. Our work as an Aboriginal Community Controlled Organisation is important both locally and regionally. It is valuable work, and it continues to make a difference.

PPAC is currently offering various programs and services to our community to achieve a good outcome for our mob, this includes:

- Domestic Violence
- Drug and Alcohol Preventative Education
- Counselling, Advocacy and Support for Families
- Social Emotional Wellbeing Services
- Family Wellbeing Services
- Men's Support Services
- Women's Group activities
- Youth Activities
- Outside School Hours Care
- Services & Vacation Care Activities
- Long Day Care
- Playgroup
- Night Patrol
- RCC/NDIS and Women's Shelter Services.



I trust you will enjoy reading in this Annual Report, more details about the important work we do, along with all the programs PPAC has been successfully delivering as an organisation.

I'd like to also take this opportunity to thank our Board Directors for their continuous support, our CEO, our coordinators, and all our staff who have made these steps forward possible.

I look forward to continuing this important work well into the future.

Margaret Coleman
Chairperson

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CEO – Ganthi Kuppusamy

I begin this report by acknowledging the traditional owners of this land, and paying my respects to the Elders, past and present.

I also take this opportunity to reiterate to the Board, all staff, and directors, as I have done in previous years, my thanks for the continuing due diligence throughout the year. This year of 2023 has been another successful year. This is very much attributable to everyone's hard work, commitment and determination. We have ensured that our community has continued to receive exemplary community services, and to remain safe.

In addition to the business-as-usual events and activities, we have been busy with:

- Recruitments
- Compliance requirements.
- Staff training and professional development, including:
- Safe Together Training workshops
- Mental Health workshops
- First Aid workshop (Adults and Youth),
- Computer Skills,
- First Aid and CPR courses.

The Regional and Government departments have congratulated us for the high-quality reports we have produced and submitted throughout the year. We also successfully completed the Institute for Healthy Communities Australia (IHCA) maintenance audit this year.



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Our 2023 events included:

- The Apology Day Anniversary on 13 February
- International Women’s Day on 8 March
- Queensland Youth Week on 11-17 April
- Domestic and Family Violence Prevention Month - 1-31 May
- Mother’s Day Celebrations and National Sorry Day.
- National Reconciliation Week and MABO Day - 27 May - 3 June
- NAIDOC Week Celebration – 2-9 of July
- Father’s Day Celebrations - 3 September
- Annual Youth Summit -18–22 September
- Mental Health Week workshops with Mary G – 7-15 October
- White Ribbon Day 27 November.

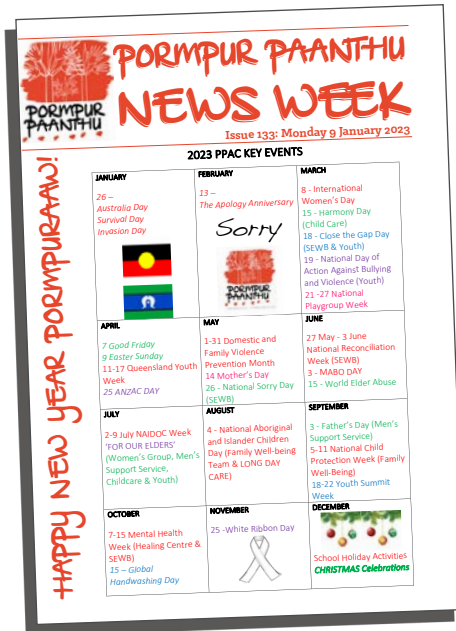


Staff changes included:

- The departure of Broc Martin. It was sad to lose Broc who was a great asset to the organisation. Unfortunately, due to personal reasons, he moved to NSW.
- Sean Scott joined us as a new AOD Counsellor on 25th September. Sean is our long-term counsellor who has great skills to offer us in the support of our community.
- We also welcomed Lifu Sipi as a fulltime SEWB Counsellor. Lifu has great experience and skills in counselling and in community services.

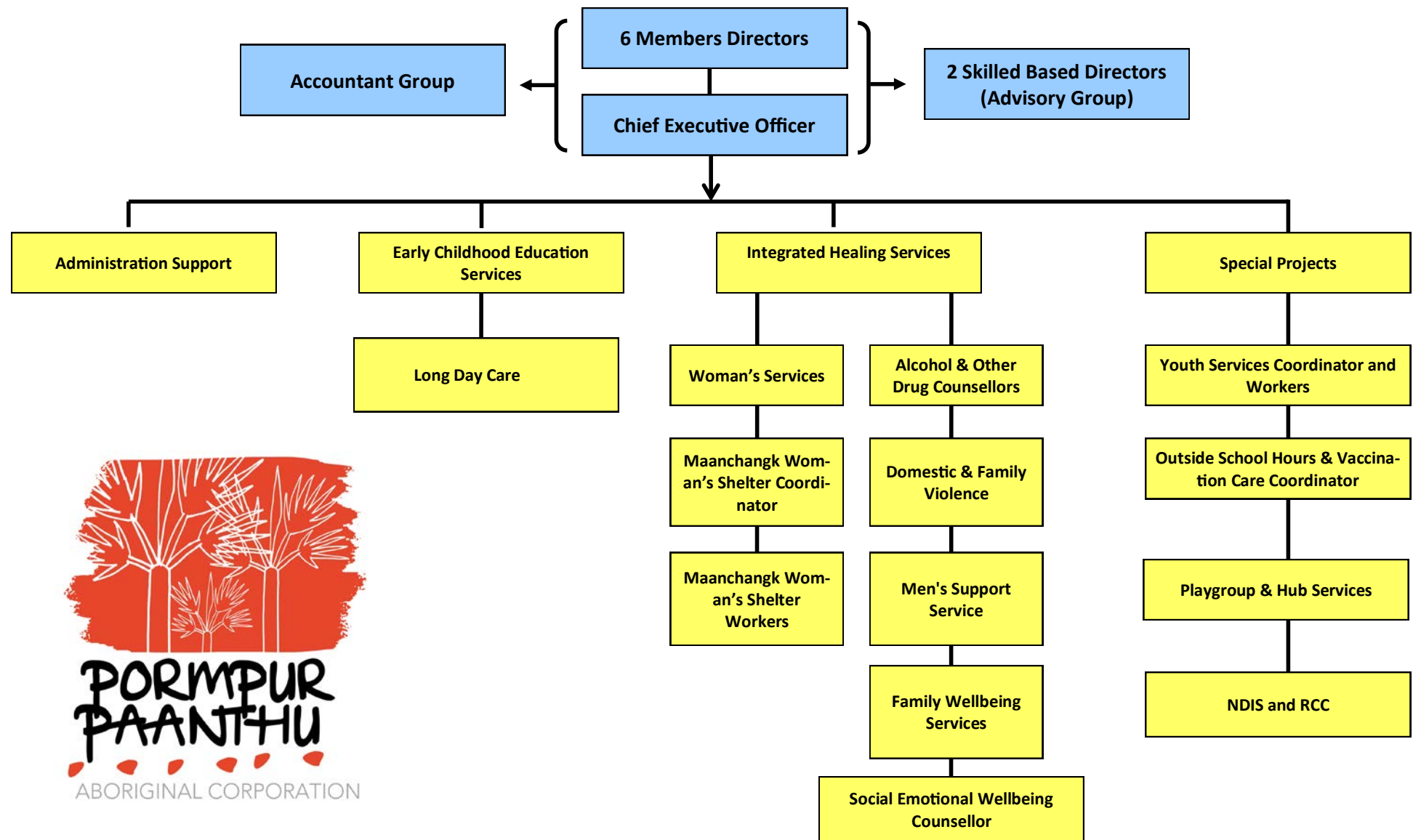
I’m confident the two new counsellors will bring many unique qualities to our organisation and community. It has been an excellent year and once again I thank everyone for their support and the contribution they make to this valuable community organisation.

Ganthi Kuppasamy, CEO



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2022-3 Organisation Structure



Business Units

Integrated Healing Services

Domestic Violence Education & Counselling
Family Wellbeing Program
Men's Support Services
Women's [DFV] Shelter Services

Early Childhood Education

Long Day Care
Outside School Hours Care
Vacation Care
Early Years Place & Playgroup

Indigenous Advancement Strategy

[IAS under National Indigenous Australians Agency - NIAA]

Substance Abuse [SAB] &
Social & Emotional Wellbeing [SEWB]
Youth Services

Special Project

National Disability Insurance Scheme [NDIS]



Integrated Healing Services

Domestic Violence Education & Counselling

Domestic and Family Violence Prevention month was one of the highlights of the year where those issues were placed up-front and we spent time equipping ourselves – our staff and our community – for the year ahead.

The month's activities were consistent with our values, core business and strategic direction, and we took a whole of community approach in raising awareness of these important issues.

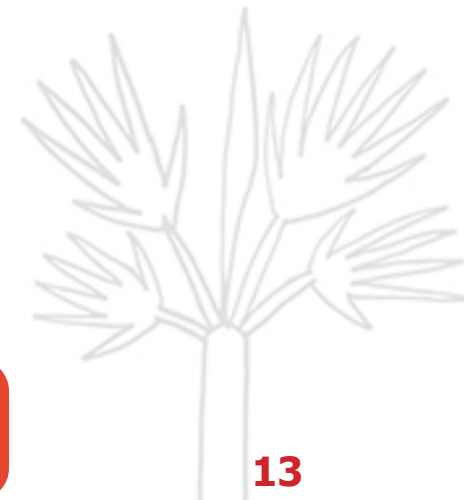
A primary focus of the month was on Alcohol and Other Drugs (AOD) awareness activities.

Come and see us at the Healing Centre for confidential support, advice and advocacy for families.

We're here to support our families to support their children to grow up healthy and happy.



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Family Wellbeing Program

Our aim is to work with, and support children and families to enhance how they function together and to build parenting skills.

In addition to offering early prevention activities and support our service also works with families who are engaged with the Child Protection System with a view to addressing any safety concerns and - where possible - supporting reunification.

Our services include, but are not limited to:

- Case Management
- Advocacy
- Parenting Programs / Support
- Family Resources and Education
- Healthy Lifestyle Resources and Education
- Referral Pathways to services such as counselling or AOD programs
- In-Home Supports
- Any other help we can offer

Our Family Wellbeing Referral form is available from our PPAC office or Healing Centre. If you have any family or know children who are 'at risk', please fill in this form and get it back to us as soon as possible. Consent Forms also available at the centre.

We are based at the PPAC Healing Centre and can contact us on 40604260 or email j.clarke@ppac.org.au or referrals@ppac.org.au



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Men's Support Services

PPAC's Men's Support Service tries to help men in Pormpuraaw by engaging them in activities which include keeping the community safe with our Night Patrol services, aimed at reducing domestic violence issues.

Pormpuraaw Men's Support Group finally has made good use of their Men's Shed, built by the Australian Defence Force's Army Aboriginal Community Assistance Program (AACAP).

PPAC's Men's Support Services meets every Tuesday for an 'out on Country' excursion, and hosts regular BBQs and fishing competitions.

The Men's Support Services also provided support for the Youth Summit, running activities throughout the week in support of the other stakeholders in community.

A specific men's program went through social and emotional wellbeing, law, culture, spirituality, and family and kinship.

The Men's shed opens from 8:30am to 5pm on Monday to Friday.

Please see Bernard or Michael if you are interested in participating in our Men's Support services and activities.



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Women's (DVF) Shelter Services

Our Women's Group has grown and performed strongly over the year, with regular events ranging from movie nights to educational workshops.

The group works in conjunction with Healing Services and Apunipima Cape York Health Council, who have been holding regular yarning groups for sharing positive stories, culture, connection and support.

Activities included:

- Sharing healthy food meal, recipe and cooking ideas.
- Talking about women's business and topics of interest.
- Linking and encouraging each other to be involved in other community activities.

The group aims to create a safe, respectful and nurturing environment which is led by community women of all ages.

Mother's Day was a highlight for us, as part of Family and Domestic Violence Awareness Month, it was an opportunity to engage our women and maintain our presence.



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Early Childhood Education

Long Day Care

Our Long Day Care centre staff have continued to study and increase their Certificate and Diploma qualifications over the 2020-21 reporting period.

For the first time the Long Day Care Centre is being managed by local worker Tammy Conrad, which has been important to the community.

Assistance to help with the cost of child care was made available from 7 March 2022 for families with more than one child aged 5 or younger to get a higher Child Care Subsidy (CCS).

To get Child Care Subsidy (CCS) you must:

- care for a child 13 or younger who's not attending secondary school, unless an exemption applies
- use an approved child care service
- be responsible for paying the child care fees
- meet residency and immunisation requirements.

The Centre is keen to encourage local children and their parents to get involved in their activities every weekday.



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Outside School Hours Care (OSHC)

Staff at PPAC's Outside School Hours Care have been studying hard this year, with several expected to complete their qualifications by the end of 2022.

In the meantime, a range of activities are on hand every school day, from Lego to outside programs to arts and crafts, keeping kids happy and busy under Sandra Wason and her staff's care.



Vacation Care

PPAC's Vacation Care activities over the past year include playing a role in the annual Youth Summit and follow up activities.

Daily activities every holidays included movie nights and 'glow in the dark' discos and lots of touch football, basketball, skipping activities, music and several sausage sizzles with good engagement from all age groups.



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Early Years Place & Playgroup

The intent of our Early Years Place and Playgroup is to provide a 'one-stop-shop' for families to access multiple services or referrals to specialist services for their children and themselves.

PPAC offers educational programming through toys and activities that promote growth and development.


Age-appropriate learning is very important for toddlers and those who can't yet attend Pre-Prep.

Group time included children story sharing inclusive of intentional numeracy and literacy activities to make kids better communicators with self confidence.

We have also supported parents thought our Bringing up Great Kids program which has seen strong interest and engagement.



Bringing up Great Kids




Dates: Wednesday: 2 August, 16 August, 30 August and 13 September 2023 (4 weeks)
Time: 11:30am – 1:30pm | **Location:** PPAC corner shed
Cost: Free | Bookings essential, limited placements. All resources and meals provided.
 Your children will be looked after by the Playgroup staff so you can attend.
 Please contact Sandra/Playgroup Co-ordinator if you would like to attend.
s.watson@ppac.org.au or 07 4060 4260.

Bringing Up Great Kids – is a four-week parenting program which is an evidence-based program that has been tailored for Aboriginal and Torres Strait Islander families.

Bringing Up Great Kids (BUGK) programs and resources support parents to:

- Learn more about the origins of their own parenting style and how it can be more effective;
- Identify the important messages they want to convey to the children in their care and how to achieve this;
- Learn more about brain development in children and its influence on their thoughts, feelings and behaviour;
- Understand the meaning of children's behaviour;
- Discover how to overcome some of the obstacles getting in the way of them being the kind of parents they would like to be; and,
- Discover ways for parents to take care of themselves and to find support when they need it.

Program proudly brought to you by:


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Staff Development

Several staff attained higher qualifications in their chosen areas of study this year.

Valerie and Alfreda Tarpencha have achieved their Certificate III in Early Childhood Education Care.

In the Long Day Care Centre, Elizabeth Ponkamelya was our third successful graduate this year with her Diploma in Early Childhood Education and Care.

In total, three staff from Children Services completed their studies and another two staff were expected to finish soon.

Graduates expressed their thanks to Sandra, Brenda, Tammy and Ms Paula for their work and support with Alfreda.

PPAC was grateful for their commitment and dedication to their jobs.



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Indigenous Advancement Strategy (IAS under National Indigenous Australian Agency – NIAA)

Substance Misuse

The Healing Centre continues to provide counselling for AOD and other issues for anyone wanting to make change in their lives.

Discussing stress, how it is created and ways to practice self care in the community and boundaries – what are they, why are they important and how to set them were just two of the themes behind well-attended Creative Counselling workshops over the year.

Clients and community workers were welcome to attend.

A Runners and Walkers (RaW) group has also been successful in the community, bringing self-esteem and fitness in a fun and supportive setting.

The group has hosted several short and themed ‘fun runs’ over the year, with support from the Indigenous Marathon Foundation, Queensland Police Service and Apunipima Cape York Health Council, including a three kilometre ‘mini-marathon’ during the Youth Summit.

Our counsellors have maintained good community connections and work hard to support our clients on a day-to-day basis as required.



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Social & Emotional Wellbeing (SEWB)

This project helps to ensure local leadership, engagement and partnership in the delivery of the Social and Emotional Wellbeing Program.

It does so by developing and implementing appropriate age, gender and culturally sensitive protocols in relation to client care.

Service delivery is therefore responsive to cultural values and needs within the Pormpuraaw community.

Our SEWB unit operates in recognition of the impact of past trauma, dispossession, separation of families, ongoing social disadvantage, racism and other historical, social and cultural issues that impact on the social and emotional wellbeing of Aboriginal and Torres Strait Islander individuals, families and communities.

It is intended to assist in the process of healing for people affected by past removal policies and who have particular issues and unique needs, prioritising the needs of the Stolen Generations.

It supports strong, healthy and resilient individuals, families



and communities, which in turn may enhance pathways to education and employment and reduce substance abuse, violence and contact with the criminal justice system.

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Special Projects

Youth Services

PPAC's Early Intervention Youth program provides a range of services at the Community Hall for ages 12 to 24 from Monday to Friday, 8:30am to 5pm.

Activities include:

- Social and Emotional Well-Being counselling services and healthy life style programs.
- Cooking Classes
- Exercise Sessions
- School Holiday activities
- employment preparation classes and vocational support including pre-apprenticeship training sourcing and work experience placement (In conjunction with RISE)
- early intervention sports activities
- Indigenous mentors program,
- On-country cultural camping trips and other cultural activities.

As always the highlight was this year's

Youth Summit which was planned through a series of BBQs and other workshop activities organised by young people themselves.

A direct result of last year's Youth Summit was the formation of *Pormpu Parr-ir Pama Parri-ir Paanthu* youth committee which has maintained PPAC's commitment to engagement with Pormpuraaw's children and youth.



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National Disability Insurance Scheme

The National Disability Insurance Scheme support workers have maintained a supportive presence within the Pormpuraaw community.



Are you or is anyone you know disabled, under 65-years-old and not connected to the NDIS?

OUR REMOTE COMMUNITY CONNECTORS CAN HELP YOU!

WHAT IS NDIS?

If you are aged under 65 years and have a permanent and significant disability, you may be eligible for NDIS services. If you receive a Disability payment from Centrelink you may be eligible for NDIS. The NDIS is a government organisation that provides supports to people with disabilities to achieve their goals. NDIS In Partnership with Pormpuraaw Aboriginal Corporation.

FIND OUT HOW WE CAN HELP YOU!

Please see our RCC/NDIS team at the PPAC Healing Centre

or

Email: NDISconnect@ppac.org.au

Phone: 0456 589 430

Some of the services that may be covered by NDIS include :-

Home Help – Cooking Assistance – Yard Maintenance – Shopping Assistance – Transportation around the community – Social Activities – Outings



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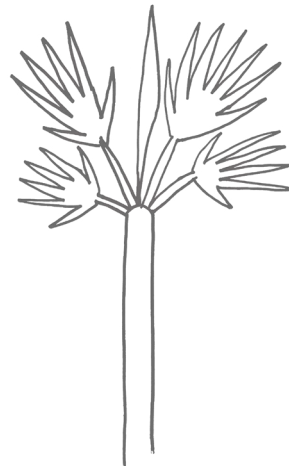
Pormpur Paanthu Aboriginal Corporation

22-23 Yalu St, Pormpuraaw, QLD 4892
Phone: 07 4060 4260 Fax: 07 4060 4280



PPAC offers:

- Domestic violence and drug and alcohol preventative education, counselling, advocacy and support for families
- Social emotional wellbeing services
- Family wellbeing services
- Other Social Services
- Men's Support Services
- Women's Group activities
- Youth activities & Student Re-engagement Service
- Outside School Hours Care services
- Vacation Care activities
- Child Care services (Long Day Care)
- Playgroup
- Night Patrol (Contact: 0474464688)
- NDIS Services
- Women's Shelter services (Maantchangk Women's Shelter is open 52 weeks a year with 7 days a week on-call service)



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