



## SOS welcomes new practice manager

SOS Health Services Palm Island is pleased to welcome our new Practice Manager and Physio Neroli Page who, with her husband Roger, has moved to Palm Island to work with SOS Health Services.

Neroli has a strong background in Physiotherapy, having worked in Aged Care and Disability roles, as well as in private physiotherapy practice, supervising students and



managing allied health services.

The SOS Health Services Clinic is open every day, located at the Sandy Boyd building. If you have pain or injuries preventing you from doing what you need to, whether that's work or just daily living, come and have a chat with Neroli. If you think Neroli or the other volunteers who regularly staff our SOS Health Services Clinic might be able to help you or someone you know, come on down and have a yarn, or catch Neroli around the community, welcome her to Palm, and see how she can help support your health.

Did you know physios treat conditions such as sprains, back, neck and joint pain, arthritis, strains, incontinence, posture problems, sport and workplace injuries, and help people with reduced mobility to get around better. They also work to help rehabilitate people after surgery, hospitalisation or injury, and to help people improve their overall health by moving, eating and exercising better.

## Junior players wrap up their 2019 season

Palm Island's junior rugby league team has played their last game in Townsville for 2019.

Townsville & District Junior Rugby League thanked the team and all their helpers and supporters for playing, as well as hosting some "fabulous" home games on Palm Island!

"We hope you all had fun see you next year!"



### Call out for young women into science & maths

The Young Indigenous Women's STEM Academy gives young Indigenous women the tools and support they need to succeed in an exciting STEM (science, technology, engineering and maths) career.

Young Indigenous Women's STEM Academy Manager Cassandra Diamond said the Academy was seeking applications from high achieving female and female—identifying Aboriginal and Torres Strait Islander Year 8 students in Palm Island, Cairns and the Torres Strait and Townsville.

"This is an opportunity for

motivated young Indigenous women to realise their potential, through access to ongoing training, camps and mentoring programs from Year 8 right through to employment," she said. "Recognising that Aboriginal and Torres Strait Islander peoples have an ongoing relationship with science and engineering that dates back thousands of years, we are

co-designing the program closely with these communities and ensuring that Aboriginal and Torres Strait Islander knowledges, technologies and process are an integral part of the program. Aboriginal and Torres Strait Islander women are already doing amazing things in STEM."

You can apply online here: https://education.csiro.au/igsa/ by 25 August.





Raoul Miller played and starred for the Skytrans Northern United side, who lost 28-18 to Queensland Outback at Thursday's Island's Ken Brown Memorial Oval in front of more than 1,000 spectators last month.

Forward Raoul was the only Palm islander in the Remote Area Rugby League (RARL) representative match.

The Northern United side was picked after the FNQ Challenge in Cairns last month.

Palm Island did not have as side this year but Raoul's selection was based on his great form at previous carnivals.

Alf Wilson

#### WATER NOTICE

We still ask residents to

# REDUCE THEIR WATER USE

until further notice.

PLEASE DON'T WASTE WATER!



YOU MUST CONTINUE to

#### **BOIL ALL WATER**

even if you have filters on taps.



## **NEXT DEADLINE (Issue 282) THURSDAY 8 AUGUST** for PUBLICATION on THURSDAY 15 AUGUST

The **Palm Island Voice** is published fortnightly by the Palm Island Aboriginal Shire Council and edited by Christine Howes. Members of the Palm Island community and local organisations are welcome to submit birthdays, community information, pics, yarns and letters to the Editor. You can follow us on Facebook! We have 2,456 'likes'! We accept paid advertising. For rates and/or more information contact the Editor on 0419 656 277 or at chowes@westnet.com.au

Operating Hours for Palm Island Council are Monday—Friday 8am — 5pm

If you have any questions please contact Reception on 4770 1177 or 4770 0200

Palm Island Aboriginal Shire Council has 3,310 'likes' on Facebook!!!