

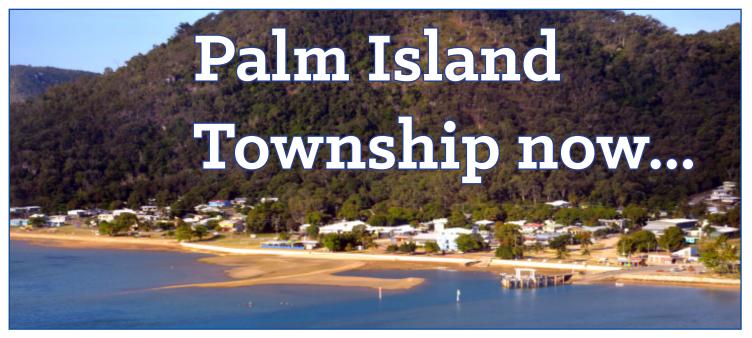


Palm Island's deadliest team!

Here they are!!! Palm Island's deadliest team - a full crew of paramedics in training.

Well done to Gerald Wotton, Selina Hughes and Keita Lenoy with William Obah.

As reported in the Palm Island Voice earlier this year, the three are well on their way to becoming fully qualified after several weeks of training in Brisbane and in their very own Island home.





Record numbers to box on Maggie Island

AS many as seven new young Palm island boxers could be in action at a Sunstate Amateur Boxing League tournament on Magnetic Island next month.

With several of our regular club boxers also expected to have bouts, this could represent one of the biggest Palm teams in recent years.

Veteran trainer Ray Dennis has been busy over the past week completing necessary forms required for the new boxers.

"They need these to receive a medical book each," he said.

One of the lads who is showing promise in the PCYC gym is 11-year-old Lamar Sibley.

"There is seven young fellas wanting to have bouts which is good," Mr Dennis said.

"Preston Robertson looks like a good prospect."

The bouts will be held at Arcadia Hotel on March 11 and should attract boxers from all

over North Queensland.

Experienced boxer Patrick Clarke has started training again and will lead the Palm contingent.

Quality youngster Brayden Nallajar looks sharp at training and should continue on his winning way in 2017.

The club is seeking sponsors to help with the costs of travelling to the tournament.

New opportunity for artists with enterprise

A new opportunity for talented artists to display and sell their craft is available in Tonwsville after Linda Oliver opened her own Indigenous Art Gallery under her house in Townsville's sleepy suburban Howlett Street in November.

Called 'Linda Looz Art
Gallery', it has the work of
more than 20 male and female
artists from Queensland and
Fitzroy Crossing in Western
Australia on display.

"We had the official launch on November 12 and more than 70 people were here from many different backgrounds," she said.

One of the biggest paintings is of a snake created by Linda when she was at TAFE.

"I had run out of ideas for my next work and had a vision one night in my sleep about a snake painting and it took about two weeks to complete," she said. The gallery has become a family affair but is intended to expand.

"Of the 20 artists 16 are from our extended family and some are from the Bunuba, Walmajari and Gooniyandi people of Fitzroy Crossing," Linda's Mum Rosalind said.

The gallery is open six days a week from Monday to Saturday.



JPHS staff trained in trial diabetes technology

A clinical trial run by the Townsville Hospital and Health Service will use 3D digital photography and tele-health in an attempt to drive down soaring rates of preventable diabetes-related amputations.



In late January, Staff
Endocrine Specialist Associate
Professor Usman Malabu
visited Palm Island to
train Joyce Palmer Health
Service staff to use the new
technology.

"These 3D-cameras will allow us to track the improvement or deterioration of foot ulcers in as much detail as we would be able to if the patient was sitting right in front of a specialist," Dr Malabu said.

"Importantly, the pictures that these cameras are capable to taking track not only the length and width of a foot ulcer but also the depth.

"Through this trial we will be able to track the healing process of foot ulcers without the need for patients to travel to Townsville weekly or fortnightly for a review."

The \$500,000 trial, funded by BUPA and the Australian Diabetes Society, will see 50 patients from rural and remote areas receive treatment for diabetic foot ulcers via telehealth.

Dr Malabu said if the trial was successful it could be rolled out nationally and help significantly reduce the burden of diabetes-related health complications in regional and remote areas.

Diabetic foot ulcers form as a complication of diabetes and, if untreated and unmanaged, can lead to amputation in more than 90 per cent of cases.

Data from the Australian

Commission on Safety and Quality in Health Care has shown North Queensland regions have among the highest diabetes-related amputation rates in Australia.

Outback Queensland (2), Cairns (6) and Townsville (10) all feature in the top 10 regions in Australia for the highest hospital admissions for diabetes-related amputations per 100,000 people.

Dr Malabu said nurses in Richmond, Home Hill and Palm Island were also going to undergo training in early 2017.

"In addition to learning to use the digital camera technology, nurses will also receiving training in diabetes management and wound care," Dr Malabu said.

Abergowrie boys step up for health checks

Jesse James was born on Palm Island and now works for the Townsville Aboriginal & Islander Health Services (TAIHS) doing four days a week at Abergowrie College in Ingham.

"In total I have done 20 '715'
Aboriginal & Torres Strait
Islander Health Checks with
the Palm Island boys and more
than 140 Health Checks overall
at the College," he said.

"I would like to thank them, and as a reward for their efforts I was able to get 715 health check shirts and certificates made up, which were presented to the boys in the Abergowrie Dining Hall.

"I wanted the job to make a difference in these young men's lives by setting a good example for them and getting them to discuss any health issues they might not be able to talk to parents, care givers or close family members about.

"I would sit with the boys and explain the whole process."

He said a Health Check involves the following:

- Verbal consent from students after the health check is explained
- Check blood pressure + pulse rate
- Check temperature
- Check blood sugar level
- Check oxygen levels
- Conduct a mini eye test
- Conduct a urine analysis
- Update any family history and medical history
- RN will then do bloods so we can send them to QML for further testing and follow up care if needed.

"The boys have been great and it has been a privilege to look after my own mob from Palm Island," Mr James said. "I will be conducting more Health Checks with the new students at the College."

Mr James'
colleagues
include Dr
William Smith;
Registered
Nurses Laura
Hamilton and
Tracey Stoddart,

receptionist
Terese Santo,
Transport

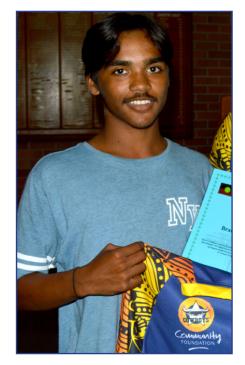
Officer Alan

Smallwood and Outreach Executive Manager Lynette Anderson.

Missing on the night was Brayth McKean, Daniel Nallajar, Xavier Sibley, Leelan Snyder, Raymond Palmer and Trayshaun Burns.





















Anthony
Fraser and
Amelios
Barry;
Brandyn
Castors;
Elijah
Ketchup; Gary
Pearson Jnr;
Jesse James
Jnr; Kellee
RobertsMalone.;
Lattrell

Pictured:

James, Jesse
James Snr, Elliot
Aiden and Dr
William Smith;
Liam GibsonKerr; Neil
Fraser; Toby
Roberts Malone;
Zachariah
Ketchup, Jesse
James Snr and
Soren Pryor.

Palm Island Voice Public & Community Notices ABORIGINAL SHIRE COUNCIL

Don't forget!!!
The DEADLINE for the
NEXT
PALM ISLAND VOICE
(223) is

Thursday 2 MARCH

FOR PUBLICATION

Thursday 9 March

Don't forget to check out our Facebook page!

ADVERTISE!

Page Sponsorship: (1cm or 18pt high banner

across nominated page): \$120 Quarter A4 Page: \$250 + GST Half A4 Page: \$350 + GST Full A4 Page: \$550 + GST

Ads are to be booked by no later than 5pm on deadline day (see above) and all material submitted no later than COB the next day. Print approval required by Monday COB.

To book an ad, make a contribution or inquire about subscriptions please contact the Editor, Christine Howes, on 0419 656 277 or chowes@westnet.com.au

AGM NOTICE

Palm Island
Community Rugby
League Inc (PICRL)
will hold their Annual
General Meeting
(AGM) at 6pm (sharp)
on Tuesday 28th
February at the PCYC.
For more information
contact Algon Walsh,
Back Street,
Palm Island.
ALL WELCOME







Operating Hours for Council are Monday – Friday 8am – 5pm

If you have any questions please contact Reception on 4770 1177 or 4770 0200



Palm Island Aboriginal Shire Council has 1,352 'likes' on Facebook!!!

Cowboy hopeful Gideon Gela-Mosby chosen for best team in Auckland Nines

Flying Cowboys winger Gideon Gela-Mosby, who visited Palm Island recently to conduct a coaching session, has been named in the 'Team of the Series' after the Auckland Nines rugby league competition in New Zealand.

The Nines were contested by the 16 NRL clubs on February 4 and 5.

Gela-Mosby, nicknamed

'Twinkle Toes' because of his speed, scored six tries for the Cowboys who won their three aualifying matches before losing to the Melbourne Storm 25-12 in a quarter final.

Gela-Mosby has shone for the Cowboys under 20 side in the Holden Cup competition for the past two season but is yet to line up for North Queensland in the NRL. Whilst the Nines is a vastly different kettle of fish to the NRL, Gideon-Mosby must be pushing hard for Cowboys

selection during 2017.

Gideon Gela-Mosby has a big following amongst Palm Island youngsters.



Funding opportunity

Are you a community organisation looking for funding?

The Queensland Governments Gambling Community Benefit Fund is available to not-for-profit community groups to enhance their capacity to provide services, leisure activities and opportunities for Queensland communities.

Applications can be submitted for funding of between \$500 and \$35,000.

Funding rounds close at 11.59pm on 28 February, 31 May, 31 August and 30 November.

Go to http://www.justice.qld.gov.au/corporate/sponsorships-and-grants/grants/community-benefit-funding-programs for more details

Exhibition game to resurrect women's footy

A Palm Island women's rugby league team - Ajas Girls - will meet a Bowen side in an exhibition match at the Bindal Allblacks carnival in Townsville next October.

It will be a memorial team consisting of many female members of the Geia family.

The sides will play for a shield that will be named the Eva Geia Shield in memory of the Late Eva Grace Geia.

Eva Geia was a legendary
Palm Island football supporter
who for many years attended
matches when the Barracudas
played at the Townsville
Sports Reserve.

At the end of the Match the carnival organisers will pick a Best Forward, Best

Back, Best & Fairest and Player Of The Match.

The Ajas Boyz men's team has been competing at the Bindal carnival for many years.

Jacinta Geia is one of the main organisers of the team which will be coached by Genami Geia snr.

"The girls over here are very keen on this match which will be played as a curtain raiser to the A grade men's grand final," Jacinta said.

She said she has

received confirmation from Bowen league stalwart Aaron Motto that the town, which is 200km south of Townsville, will field a team.

There hasn't been any women's football competition at the Bindal carnival for a number of years.

When games were played a Palm Island Barracudettes sides competed regularly.

This game will hopefully help to rejuvenate the women's game in the area.

Bindal carnival organiser

Jenny Pryor said she supported the idea.

"Jacintha had made contact with me in regards to a exhibition game for the women as curtain raisers before grand final," she said.

"It is a fantastic idea for the women s game to be curtain raisers before our grand final," she said.

Meanwhile several Palm girls may join a team to compete at the ladies division of the Island of Origin Series on Badu Island in June.

From the archives...Cairns AllBlacks 2011

