



PORMPUR PAANTHU NEWS WEEK

Issue 76: Monday 25 October 2021

Shh! Artists & readers at (quiet!) work!

Every week at Pormpuraaw State School there is a 'quiet' buzz at the library door when it is time for 'Quiet Lunch' – program which gives students an opportunity to spend their lunch times reading, drawing or learning a new craft.

PPAC Social & Emotional Wellbeing Counsellor Sharon Kuring said the program had been very successful over the year, with sessions being so popular the 'Quiet' was often lost to 'enthusiasm'!

"Kids who sometimes find it hard to concentrate in the classroom come into

the library and quite happily colour-in, make or engage with the many lovely books – do their own thing in a quiet setting," she said.

The program was supported by the Pormpur Paanthu SEWB team to ensure there was always a focus on collaboration,

inclusion and giving students strategies to be calm and focused, even in busy environments.

"The students produce amazing work," Sharon said. "Much of it is on display on the pinboards at the library and sent home with the students to show their families."



If she leaves...

If she stays...

| | | | | | | |
|---------------------------------|--|--|--|---|---|---|
| COMMUNITY RESPONSE | NOBODY'S PERFECT | HE SEEMS LIKE SUCH A NICE BLOKE/GOOD DAD | WHAT ABOUT THE CHILDREN? | HER CHOICE – SHE'S MADE HER BED SO SHE CAN LIE IN IT | WE'RE NOT GETTING INVOLVED ANYMORE | |
| | ARE YOU SURE SHE'S NOT MAKING IT UP? | HOME WRECKER | SHE'LL GO BACK, SHE ALWAYS DOES | WHY DOESN'T SHE JUST LEAVE? | IT CAN'T BE THAT BAD | DOESN'T SHE CARE ABOUT THE CHILDREN?! |
| PARTNER'S RESPONSE | DON'T LEAVE ME – I'LL KILL/HARM MYSELF | HE TELLS HER "I'M THE ONE WHO GETS TO SAY WHEN ITS OVER – NOT YOU" | I'LL KILL/HARM YOU, THE KIDS, YOUR FAMILY, ETC. | THE ABUSE CONTINUES/ESCALATES | DON'T EVER FORGET YOU'RE HERE BECAUSE OF ME | YOU MADE ME DO IT |
| | WHY ARE YOU DOING THIS TO OUR FAMILY? | I'LL NEVER DO IT AGAIN | I'LL GET HELP/ I'LL CHANGE | YOU'LL NEVER SURVIVE WITHOUT ME – NO ONE WILL EVER WANT YOU | YOU'RE THE ONE WITH THE PROBLEM | |
| INSTITUTIONAL/ SYSTEMS RESPONSE | MAY GET ACCESS TO REFUGE/SAFE HOUSING | COMPLICATED AND EXPENSIVE LEGAL PROCESS | | FRUSTRATION WITH HER DECISION TO STAY | PRESSURE TO LEAVE | |
| | USE OF SYSTEM AGENCIES TO ABUSE E.G. DCS, COURTS, POLICE | FEELINGS OF SHAME AS SHE TELLS AND RETELLS HER STORY TO SERVICES | SUPPORT AND RESOURCES AVAILABLE BUT IN HIGH DEMAND | HER CHOICES ARE PUTTING HER AND THE KIDS AT RISK | LACK OF SUPPORT AND EMPATHY | WE'VE GIVEN HER OPTIONS BUT SHE WON'T ACCEPT OUR HELP |
| WOMAN'S RESPONSE | FEAR–WILL I BE ABLE TO COPE EMOTIONALLY/FINANCIALLY? | WILL SOMEONE EVER WANT TO BE WITH ME? | | I HAVE TO TRY HARDER AND MAKE THIS RELATIONSHIP WORK | I LOVE HIM AND JUST WANT HIM TO STOP BEING VIOLENT | |
| | WHAT ABOUT THE KIDS? | HE'LL FIND ME, I'LL NEVER GET FREE OF HIM | SHAME/ EMBARRASSMENT/GUILT | KIDS NEED A MUM AND A DAD TO BE HAPPY | HE'S NOT ALWAYS THAT BAD – THERE ARE GOOD TIMES TOO | I MUST STOP PUSHING HIS BUTTONS |

NOTICE

PPAC ANNUAL GENERAL MEETING (AGM)



When: 10am–1pm Tuesday 16 November 2021

Where: PPAC After School Care (Corner Shed)



PPAC will not tolerate any aggressive and abusive behaviour at our centres. Please respect our staff, they are there to support and help you!

WHERE THERE IS EMOTIONAL ABUSE:

THERE IS

- the ILLUSION of an authentic relationship
- inequality
- competition
- manipulation
- hostility/contempt
- control
- negation

THERE IS NOT

- authenticity
- equality
- partnership
- mutuality
- goodwill
- intimacy
- validation
- honesty
- accountability

btr.org

BETRAYAL
TRAUMA
RECOVERY



Adapted from the book Verbal Abuse Relationships by Patricia Evans

Play Group

Monday and Friday mornings
10am-12pm

Morning Tea provided
Games and craft for under 8s



@ the corner shed

CONTACT US!

23 Yalu St,
Pormpuraaw, Q 4892
Phone: 07 4060 4260
Fax: 07 4060 4280

- Healing Services 07 4060 4260
- Long Day Care 07 4060 4165
- Outside School Hours Care 07 4060 4001
- Women's Shelter Admin Office 07 4060 4082
- CEO's Office 07 406 04211

<http://pormpurpaanthu.com.au/contact/>

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY