



PORMPUR PAANTHU NEWS WEEK

Issue 217: Monday 9 September 2024

Youth Summit is here!

HUGE thanks to our generous sponsors and supporters:

- Queensland Government
- Pormpuraaw Shire Council
- CEQ – Sponsoring Breakfast
- RISE
- YETI
- Harbrow Mentoring
- Apunipima Cape York Health Council
- Pormpuraaw Justice Centre
- Department of Youth Justice
- Anglican Diocese of North QLD
- Pormpuraaw United Brother's Club
- RAATSICC
- Pormpuraaw Art Centre
- Queensland Police Service
- Torres & Cape Hospital and Health Service
- PVW Partners
- Brilliant Technology
- Christine Howes Freelance Journalist, Photographer/Editor
- Cairns Central (Terry White Pharmacy)

** PLEASE NOTE On Wednesday our On Country visit to Nutwood may change to Chapman Beach*

PORMPURA AW YOUTH SUMMIT

Empowerment through Reconciliation
September 17th - 20th, 2024

Times	Tues	Wed	Thurs	Fri
8:30 am to 10:00am	Breakfast Breakfast Bar @ Rise Sponsored by: CEQ	BOOMERANG: Daily Registration	BOOMERANG: Health Promotion: Apunipima + RHD + Mums, Dad's and Bubs	HEALING CENTRE Mural Painting Games & Free time
10:00am to 12:30pm	OPENING Welcome to Country Young Mums, Dads & Bubs STALLS: Abergowrie, Health Promotion with RHDs & Apunipima QPS	COMMUNITY Harbrow Mentoring Activities: Young Mums, Dads & Bubs STALLS: Abergowrie, Health Promotion with RHDs & Apunipima Rangers EXPO: Career Pathway Photo's with small Animals	HALL Harbrow Mentoring Sport & Rec Activities Indigenous Games	HALL HEALING CENTRE Mural Painting
12:30pm - 1:30pm	HEALING CENTRE Mural Painting EDOR Mini Competition Lunch @ Boomerang	HEALING CENTRE Mural Painting Lunch @ Oval	HEALING CENTRE Mural Painting Lunch @ Boomerang	NIGHT ACTIVITIES 7:30pm - 9:00pm BOOMERANG MOVIE NIGHT RAATSICC
1:30pm to 4:30pm	BOOMERANG Cast Net Competition Harbrow Mentoring Sport & Rec Activities Indigenous Games	EXCURSION On-Country NUTWOOD Spear Making Skirt Making BYO: Fishing & Swimming gear *Permission Form Required	TOWN AREA Color Run IMF 3K Fun Run Water Obstacle Course + Slushies	THURSDAY 7:30pm - 9:00pm Closing Ceremony Overall Prizes DISCO ENTERTAINMENT
4:30pm to 6:00pm	HALL Basketball Competition Dinner @ Boomerang	OVAL Touch Football Mini Competition Dinner @ Boomerang	Mens shed Guys Haircut Gitis Pampering Women Shelter	
6:00pm - 7:30pm	OVAL Touch Football Mini Competition Dinner @ Boomerang			



Ask R U OK? any day because life happens every day.



A lot can happen in a year, a month, a week. Whether it's your friend, family member, colleague, partner, or teammate, the people you care about go through life's ups and downs every day.



By having regular, meaningful conversations, you build trust and normalise talking about what's really going on, so when the people in your world find themselves struggling, they know you're someone they can talk to.

So whilst R U OK? Day was last Thursday as a National Day of Action, we encourage you to Ask R U OK? any day of the year because a conversation could change a life.



Pic thanks to RFDS

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY