



**Pormpur Paanthu
Aboriginal Corporation**
is a non-government,
community-controlled
organisation,

established in 1991 out of a
community need. Our focus is
to provide quality, evidence-
based services for Aboriginal and
Torres Strait Islander families in
Pormpuraaw. We offer:

- Domestic violence and drug and alcohol preventative education, counselling, advocacy and support for families
- Social & Emotional Wellbeing services;
- Family Wellbeing services;
- Other social services and support;
- Women's Group activities;
- Outside School Hours Care services;
- Men's Group activities (including a lawn mowing and yard maintenance service);
- Youth activities & Student Re-engagement services;
- Playgroup;
- Vacation Care activities;
- NDIS (National Disability Insurance Scheme);
- Child Care services (Long Day Care) including, Child & Family Services (CAFS) and parenting support;
- Night Patrol Services; and,
- Women's Shelter services (Maantchangk Women's Shelter is open 52 weeks a year has a 7-days a week on-call service).

PPAC Contacts

CEO's Office 4060 4211	Outside School Hours Care 4060 4001
Healing Services 4060 4260	Women's Shelter Admin Office 4060 4082
Long Day Care 4060 4165	

School holidays are nearly here!



July 2019 Vacation Care pics by Adrienne Williams

**Pormpur Paanthu Outside
School Hours Care
(OSHC) and Vacation Care
provides an opportunity
for children to relax
and play in a supervised
environment.**

Healthy snacks and various activities are on offer from Monday to Thursday from 3-5pm and on Fridays from 1.30-5pm.

During school holidays and pupil free days we operate from 9am to 4pm.

If you need more details about OSHC or you would like to



enrol your child in Vacation Care please contact Sandra on 4060 4001 or Ganthi on 40604211.

PPAC OSHC and Vacation Care programs are fully funded by Australian Government's Department of Education, Skills and Employment.

Blue card changes in place

The new blue card 'No Card, No Start' requirement started last week, which means people must have a card before they can work or participate in any business with children.

The application process has been streamlined so applicants for a Blue Card can now go online and where there is no criminal history, most cards will be issued within five working days.

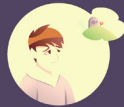
Renewals have also been streamlined to ensure people can keep working as long as they lodge their renewal

application before expiry.

Changes to the blue card system have come about as a result of a two and a half year process of review carried out by the Queensland Family and Child Commission.

More information regarding the changes is on the Blue Card Services website at www.qld.gov.au/bluecard.

Depression Symptoms



Thoughts of death



Tiredness and lack of energy



Angry outbursts



No concentration



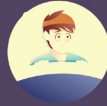
Loss of interest



Feelings of sadness



Reduced appetite



Sleep disturbances

Remember the first step to overcome depression is to identify it and talk to someone who can help! If you need help please do not hesitate to talk to our Counsellors at the Healing Centre or can contact us on 4060 4260 to make an appointment.

Pormpur Paanthu Aboriginal Corporation values and welcomes feedback as a way of acknowledging excellent service and to also address areas of improvement.

Please select which service you have recently been involved in:

- Counselling
- After School Care
- Other (please list):
- Men's Support Services
- Child care
- Women's Shelter
- Youth Services

On a scale of 1 (the lowest) to 4 (the highest), how would you rate the following for the services you have used:

Service	1	2	3	4
	Needs improvement			Fantastic

Staff	1	2	3	4
	Needs improvement			Fantastic

Facilities	1	2	3	4
	Needs improvement			Fantastic

Please include any comments or recommendations that you have for Pormpur Paanthu Aboriginal Corporation:

Feedback forms are available from PPAC, completed forms can be handed into the CEO or emailed to admin@ppac.org.au

Thank you for your time in completing our feedback form.

All comments and suggestions are welcome and will be taken into consideration.

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY

PPAC News Week is edited by Christine Howes for Pormpur Paanthu Aboriginal Corporation ©2020