



PORMPUR PAANTHU NEWS WEEK

Issue 128: Monday 21 November 2022

Congratulations Elizabeth!

Our Long Day Care Centre's Elizabeth Ponkamelya is our third successful graduate this year with her recently achieved Diploma in Early Childhood Education and Care.

"We have three staff from Children Services who have completed their studies and another two staff expected to finish their Certificate IIIs soon," CEO Ganthi Kuppusamy said.

"We are so proud of you all for your hard work and dedication to your jobs, well done."



Pormpur Parr-ir Pama & Parr-ir Paanthu (Youth Program) @ the Hall Timetable for Age 12 to 24

Times	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 – 10am	Healthy Breakfast & Exercise Cereal/toast/fruit Exercise Circuit	Healthy Juice Bar Make your own freshly squeezed juice combo	Healthy Breakfast & Exercise: Cereal/toast/fruit Exercise Circuit	Healthy Breakfast & Exercise: Cereal/toast/fruit Exercise Circuit	Healthy Breakfast & Exercise Cereal/toast/fruit Exercise Circuit
10am to 11am		Christmas Decorations	Christmas Decorations		Driver Licence Study
11am – 12pm	Indoor Games – Literacy/Numeracy Cards/Games	Cooking Recipe changes weekly	Art & Craft Activities Changes Weekly	Outdoor Activities Changes Weekly	Cooking Recipe changes weekly
12pm – 1pm	Closed	Closed	Closed	Lunch out on Country	Closed
1pm – 3pm	Improve Reading and Writing Skills Board Games/Reading	Afternoon Tea with Trish & Vanessa Yarn about Health and Wellbeing Matters	Learning Basic Computer Skills / Money Yarns Budgeting, Loans and Contracts etc	Outdoor Activities Changes Weekly	Afternoon Tea with Trish Yarn about Health and Wellbeing Matters
3pm - 4:30pm	Freestyle Ball Games Eg. Dodge Ball	Indoor Cricket/Futsal	Cooking Popcorn for Movie night/Drinks/Snacks	Wind Down and Relax Time at Hall	Friday Afternoon Basket Ball
4:30pm – 5pm	Closed for Packing up/Cleaning Up				
	Movie Night: Wednesday Night (5pm to 6:30pm)				
	Monthly Disco – 6pm to 9pm – Dates to be advised				



SMALL BUSINESS IDEAS WORKSHOP

@ THE COMMUNITY HALL

SOME BUSINESS IDEAS YOU MIGHT LIKE TO TRY



CAR DETAILING



BEEKEEPING



LAWN MOWING



PLANT NURSERY



LOCAL TAXI



BARBER



SHOPPING/DELIVERY SERVICE



JEWELRY MAKER



PHOTOGRAPHER

IF YOU HAVE AN IDEA OF YOUR OWN ATTEND THE WORKSHOP!

PRESENTED BY DONNA FROM MANY RIVERS: LUNCH WILL BE PROVIDED

10AM – 2PM WEDNESDAY 23RD NOVEMBER 2022

REGISTER WITH EDDIE OR TRISH IF YOU WANT TO COME ALONG



ALCOHOL AWARENESS

DRINK RESPONSIBLY.

Remember to always take things in moderation.

Don't just drink. Choose to think.

PLEASE SEE OUR COUNSELLORS IF YOU NEED
HELP OR SUPPORT!



 **White Ribbon
Australia**

White Ribbon Day

(Community Event)

10am–12pm Friday 25 November

BBQ at the Boomerang Building
with related activities including:

- Making Banners/Awareness Posters
- Information Booth
- Displaying White Ribbon and My Oath posters and banners plus 'My Oath' swear slips



Event sponsored by PPAC and Pormpuraaw Shire Council



Meredith Arkwookerum reeeally enjoyed making this beautiful jewellery during PPAC's Creative Counselling sessions, held every other Wednesday. Sessions are coming up on:

- Wednesday 23 November
- Wednesday 30 November
- Wednesday 14 December

Pop in to the Healing Centre for details of how you can get involved.

**ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING,
CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY**